

Congregation B'nai Torah - Celebrating Over 25 Years Together

TORAH TIMES

August 2024 26 Tammuz—27 Av



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The Presidents' Message



My Fellow Congregants and Rabbi Kane,

Last month I shared the opportunities of doing a Mitzvah and the positive impact that it releases to all involved. This month I would like to share the following:

The Hebrew term for gratitude is Hakarat Tovah, (הַכָּרַת טוֹבָה), a phrase that means “recognizing the good.” The heart looks through the eye, and therefore how we see is ultimately a spiritual decision.

What came to me as I thought about Hakarat Tovah was a wave rushing over me figuratively and literally, I recognize the good in the many challenges in my life, as it has led me here, I recognize the good in B'nai Torah and it's congregants, I recognize the good in all that are volunteering at B'nai Torah, sharing precious moments of their lives and living the Mitzvah, I am Hakarat Tovah for my lessons in Kabbalah, I recognize the good in my family members (as challenging as they might be), and last but not least I am Hakarat Tovah for Rabbi Kane.

With the High Holidays approaching, please give thought to the Mitzvah and Hakarat Tovah.

I would like to thank Rabbi Shapiro and Rabbi Lennick for participating and leading services and the rest of our congregants as well, during Rabbi Kane's vacation.

Look forward to seeing you at services or at one of our functions and remember if you receive a call to volunteer, please step up and let the answer be yes, you won't be sorry, you will be performing the Mitzvah.

With compassion, mercy, intent, and love, wishing your health and prosperity,

Howard Silverstein, President
HowardHeyHeyAyin1@gmail.com
815-980-7007

WE NEED YOUR HELP!

VOLUNTEERS NEEDED FOR THE LUNCH BUDDY PROGRAM

Some of our older congregants would love to go out to lunch once a month. They need one-on-one time, and we need your help to make this happen.

Please join us as a
Volunteer Lunch Buddy.



AN HOUR OF YOUR TIME MAKES A
HUGE DIFFERENCE.

PLEASE CALL MELANIE SHIFFMAN
AT (386)506-9494 TO VOLUNTEER.

A Message From Rabbi Kane



I was privileged to spend Shabbat at the New City Jewish center in New City, New York to celebrate my 88 year-old cousin Allan Hirsch and his reenactment of his bar mitzvah 75 years later. It was a very emotional time for the 20 or so family members that gathered to honor Allan and to worship together.

Alan and his wife Myrna, have been married nearly 70 years. Their love and attention has gone to their family (three kids, fabulous partners of kids, and four grandchildren, some of whom are married.) and to their love of Judaism.

In the 60's and 70's, our house was the place where relatives gathered every other Sunday in the summers. Alan and Myrna's house was the place where people spent the holidays if it was at all possible. Rosh Hashanah, Hanukkah, Passover were just three of the occasions that the large group of family tried to gather. I remember well the Passover table for 36 that extended from their dining room, then turned right and took up the whole living room, including a kids table.

The beauty of their place in the family is how they took the responsibility of integrating Jewish rituals into our love and lives.

Perhaps this is a mission that we can all accept as we approach the coming holiday season. What if we brought Judaism into our daily lives as opposed to keeping it to just a few occasions a month? What would that mean to us and to our families?

Judaism always allows us to start over and more importantly, to do better.

Rabbi S. David Kane



**Port Orange, Daytona Beach, and Ormond Beach
Congregants....**

**DO YOU NEED A RIDE
TO SYNAGOGUE ON
FRIDAY NIGHT OR
SATURDAY MORNING?
WE CAN PICK YOU UP!**

**IF YOU ARE INTERESTED, PLEASE CALL MELANIE SHIFFMAN
AT (386)506-9494**

Congregation B'nai Torah Religious School Report

By Helen Farb



Rabbi Kane, Dr. Frankel and Virginia met on Wednesday, July 17 and discussed many of the plans for our Shalom School. Virginia has been working on Curriculum. She and I will continue to help them prepare for this merger. We will be at Temple Beth-El the first semester. The 60 children will be divided by grades. There will be Pre/K, 1-2, 3, 4-5, 6 and up.

All the children will rotate through centers. Each group will have three sessions or classes. These will include holidays, bible, values, arts and crafts, music and cooking. The classes will also incorporate games and hands-on activities. Rabbi Kane and Rabbi Simon will work with the higher levels of learning.

Our first date is Sunday, August 18 at Temple Beth-El and will be an Open House. We will include the community and be a Family Day Of Learning. The theme will be Shabbat and will include different activities involving Shabbat.

Look forward to more details during August!

Rabbi Kane will be resuming all Hebrew Lessons in August. Please determine your student's availability and call him at 386-872-8787.

Stay cool!!

Miss Helen



Sisterhood in the News

We congratulate and welcome our 2024-2025 Board for Sisterhood

President.....	Barbara Kusnick
Vice -President	Robin Freedman
Vice – President Programing.....	Netta Wiener
Vice -President Fund Raising.....	Sema Friedman
Vice-President Membership.....	Helen Farb & Marcia Bergman
Secretary.....	Melanie Shiffman
Treasurer.....	Lea Moscovitz
Kitchen Angels and Yearbook Chair.....	Lea Moscovitz

As we look forward to our upcoming year, we have many positions and committees that need to be filled. Please help when asked for volunteers. We are looking to make this year, the year that 100% of our female congregants are also a member of Congregation B’nai Torah’s Sisterhood.

A single \$36.00 payment is all it takes to be a member of the “Sisterhood”. We have several ways to join, online at mybnaitorah.org website, mailed in, or dropped off at the temple office from 9:00am-1:00pm Monday-Friday.

- ▣ **Thursday August 15th**, there will be a Board and Planning Meeting at CBT 10:00am, any suggestions for the upcoming year is welcome. Notify any board member of your request.
- ▣ **Tuesday September 17th**, Hold the Date: Sisterhood Opening Luncheon. Look for your invite for a memorable lunch as we present our upcoming year of events.
- ▣ **Friday September 20th**, Sisterhood is preparing CBT’s annual Welcome Back Dinner

The High Holidays are almost here. Take that step, to embrace the bonds of sisterhood! Together, we can create a stronger, more vibrant community, where every voice is heard, every heart is valued, and every soul is uplifted. Be a part of something extraordinary. Join Sisterhood.

Bivrakha, (with blessing)
Barbara Kusnick, Sisterhood President

Come join the fun
Download the CBT Sisterhood Membership Application
[HERE](#)

**Congregation B'nai Torah's
Jewish Women's Retreat will be
taking place in the Spring.**

**Watch this space for more exciting
news about this wonderful event.**

Special Sisterhood Dinner at Rose Villa



MEN'S CLUB®

Men's Club Upcoming events:

The Surgeon General of the United States is concerned about loneliness in our society, and it has only gotten worse since the Pandemic of 2020, when we were all forced into prolonged isolation. Per Dr. Vivek Murthy, loneliness is a major contributor to major diseases such as heart disease, dementia, stroke, depression, and more. Men are especially impacted.

Simple steps such as picking up the phone and connecting with a friend, sharing a meal, actively listening to one another, and serving the community are keys to connection. These steps may seem small, but they are very powerful.

Your Men's club is poised to help in this area. By joining and being active in Men's Club, you can help your CBT community to become happier & healthier. You'll build new relationships and freshen old ones. You will help yourself, and others, break out of this difficult cycle. Being around like-minded friends will put a smile on your face.

Please join us and become active. Visit <https://mybnaitorah.org/mens-club/> to view our schedule of upcoming events & complete a membership application.

Mark Givarz, CBT Men's Club President
314-604-5618 [cibtobmensclub@gmail.com](mailto:cbtobmensclub@gmail.com)

Here's the link to submit: <https://mybnaitorah.org/mens-club-donation/>
Let me know if you have any ideas for the Men's Club.



WE NEED YOUR HELP!

VOLUNTEERS NEEDED
FOR THE MEMBERSHIP COMMITTEE

**THE MEMBERSHIP COMMITTEE
NEEDS VOLUNTEERS TO HELP
MAKE PHONE CALLS AND MAIL
OUT WELCOME CARDS.**



AN HOUR MAKES A DIFFERENCE.

**PLEASE CALL MELANIE SHIFFMAN
AT (386)506-9494 TO VOLUNTEER.**

August Shabbat Events ***Congregation B’Nai Torah***

Saturday, August 3rd, 10:00 a.m.
Lunch and Learn

**Join the Rabbi after morning services
and enjoy a delicious Kiddush lunch
sponsored by the Yfrah family
in loving memory of Tal Yfrah.**

**After Lunch, enjoy a lively discussion
“What the Rabbis wrote about Jesus”**

+++++

Saturday, August 10th, 10:00 a.m.
Rabbi Kane’s 65th Birthday Kiddush

**Join us for morning services and a special
Birthday kiddush lunch for Rabbi Kane**

**In lieu of gifts, a donation may be made to
the CBT Rabbi Discretionary Fund**

**Please RSVP to the CBT Office
(386) 672-1174**



Come Enjoy JPGT

**Great company, conversation,
food and friendships!**

All Welcome — Bring a Friend!

THIS MONTH'S BREAKFASTS
Thursday, August 8th and 22nd at 9 AM



New Location

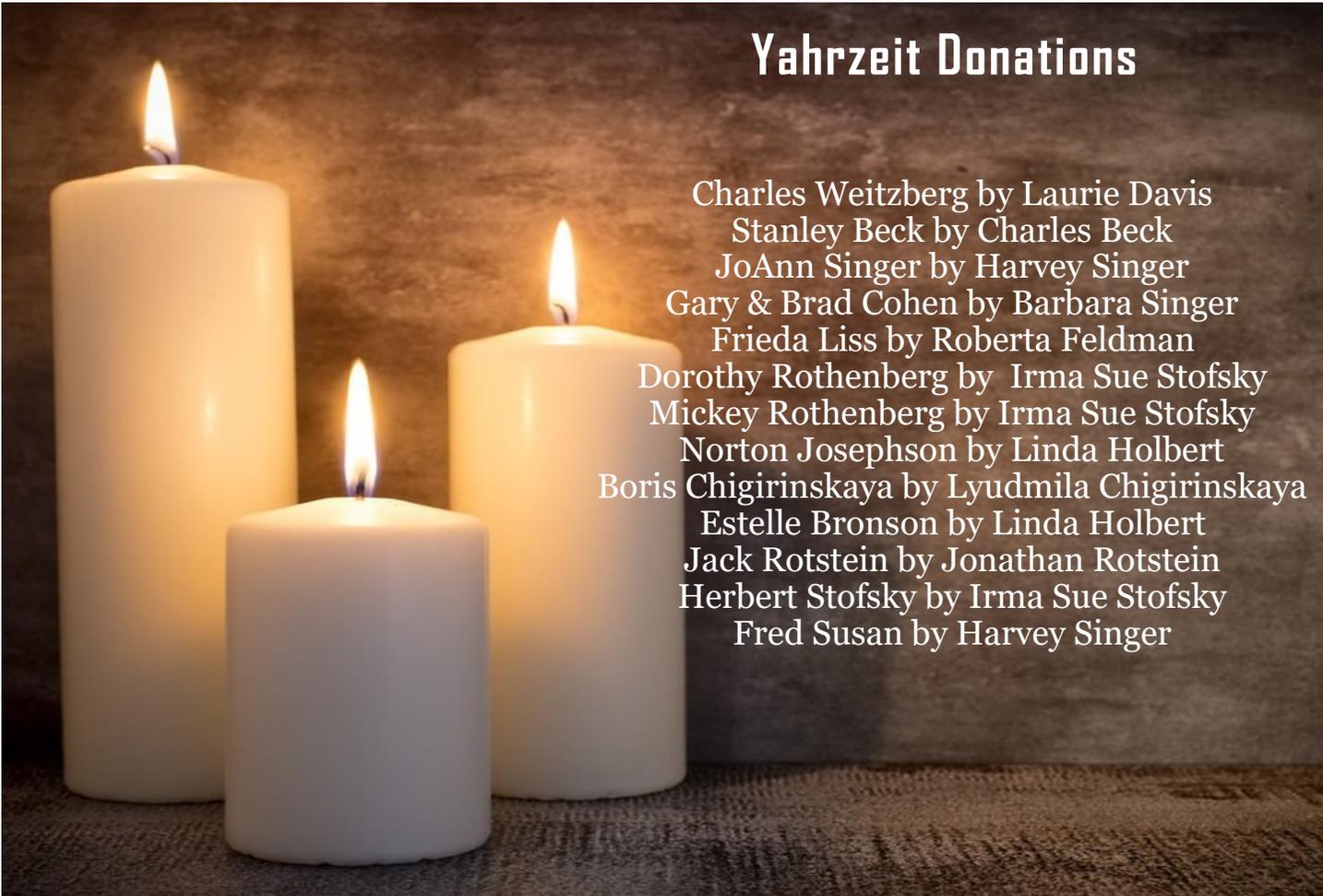
Peach Valley Café

3813 South Nova Road

Port Orange, FL 32129



Yahrzeit Donations



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Stanley Beck by Charles Beck
JoAnn Singer by Harvey Singer
Gary & Brad Cohen by Barbara Singer
Frieda Liss by Roberta Feldman
Dorothy Rothenberg by Irma Sue Stofsky
Mickey Rothenberg by Irma Sue Stofsky
Norton Josephson by Linda Holbert
Boris Chigirinskaya by Lyudmila Chigirinskaya
Estelle Bronson by Linda Holbert
Jack Rotstein by Jonathan Rotstein
Herbert Stofsky by Irma Sue Stofsky
Fred Susan by Harvey Singer

Thank You for Your Donations to The Rabbi Fund

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Helen Farb

Linda & Don Holbert

Beverly McLean

Dr. Edward B. Schwartz

Cantor Rich Walters

Barbara Glickstein

Gerald Epstein

In Memory of Barbara (Bobbie) Gordon

Marcia & Bruce Cooperman

Lisa & Richard Rhodes

Helen Farb

In Memory of Sheldon Gordon

Marcia & Bruce Cooperman

Lisa & Richard Rhodes

AUGUST 2024



4 Helen Farb
 5 Lisa Rhodes
 6 Anita Hockman
 9 Barbara Bailen
 10 Rabbi S. David Kane
 13 Rosalie Ferry
 14 Norman Feldman
 15 Beth Berger

16 George Selis
 16 Bonnie Turetsky
 21 Bari Amols
 21 Ben Fox
 22 Theresa Klaus
 24 Dr. David Turetsky
 25 Ruth Cohen
 26 Esther Morse
 29 Ken Haberman

Happy Birthday from Lea & Charles Moskowitz to Helen Farb, Lisa Rhodes, Anita Hockman, Barbara Bailen, Rabbi S. David Kane, Rosalie Ferry, Norman Feldman, Beth Berger, George Selis, Bonnie Turetsky, Bari Amols, Ben Fox, Theresa Klaus, Dr. David Turetsky, Ruth Cohen, Esther Morse & Ken Haberman



➔ **JULY 27** Karen & Michael Chuyen 23 Dianne & Jack Rohald
 19 Suzanne & Dr. Charles Stein 31 Sue & Robert Goldberg

EXPRESSIONS OF APPRECIATION

Lea Moskowitz thanked the Rabbi, the Men's Club and the Sisterhood for bringing members of other congregations together for events and building a stronger Jewish community.

Rabbi Kane thanks everyone who helped with services during his vacation.

Rosh Chodesh Av for Hebrew Year 5784 begins at sundown on Sunday, 4 August 2024 and ends at nightfall on Monday, 5 August 2024

BE A CBT MITZVAH MAVEN!

Have an extra hour (or two)? Volunteer!!!

We have several homebound congregants who have found a visit from a CBT Family Member is one of the best ways to bring a smile to their faces.

Interested in spreading some sunshine?

Contact Melanie Shiffman, our new Chair of the Visiting Committee at 386-506-9494. You can help assist the elderly members of our congregational family. So please consider joining us with this important mitzvah!

AMERICAN JEWISH COMMITTEE

Sharing a link to AJC's website:

**Resource for reporting Antisemitism to Federal Agencies, Law Enforcement, and Social Media Guidance
(<https://www.ajc.org/ReportingAntisemitism>)**

SPREAD THE NEWS

Sue announced she and Irv have rented an apartment in Dallas to be closer to their son, daughter-in-law & grandchildren.

They will be spending different months down there.

Harriett made a call for people to join the High Holiday choir.

They now have 7 and would like to have at least 10 members.

Helen announced she will be selling her house in July 2025 & moving to Maryland to be closer to her family.

Howard Silverstein's daughter Alannah is moving to Muncie, Indiana.

Save the Date!

Rabbi Kane's 65th Birthday, Saturday, August 10th, services at 10:00 AM followed by a festive luncheon.

WE NEED YOUR HELP!

VOLUNTEERS NEEDED
FOR THE VISITING COMMITTEE

THE VISITING COMMITTEE IS LOOKING FOR:

VOLUNTEERS TO WRITE GET WELL CARDS

**VOLUNTEERS TO VISIT CONGREGANTS WHO ARE IN NURSING
HOMES, ASSISTED LIVINGS, THE HOSPITAL, REHABILITATION
CENTERS, AND/OR AT HOME**

**VOLUNTEERS TO MAKE CALLS TO CHECK UP ON CONGREGANTS, IF
NOT ABLE TO PHYSICALLY VISIT THEM**



AN HOUR MAKES A DIFFERENCE.

**PLEASE CALL MELANIE SHIFFMAN
AT (386)506-9494 TO VOLUNTEER.**



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For More information email: mtnsinai@rrh.com



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MEMORIAL BOARD

The Sanctuary of Congregation B'nai Torah houses impressive memorial boards. Memorial plaques with the names of our dearly departed loved ones adorn the boards. A brass memorial plaque with the name of your departed loved one inscribed thereon can be added to the Memorial Board for a donation of \$300.

TREE OF LIFE

The Sanctuary of Congregation B'nai Torah houses an impressive Tree of Life, donated by Dr. & Mrs. Richard Rhodes.

Stylized "Leaves" or "Foundation Stones" celebrate any occasion and will be engraved with the name of the celebrated person(s) and any other appropriate information.

A leaf can be added for a donation of \$118. For extra special occasions, a limited number of "Foundation Stones" are available for a donation of \$500.

Please call the office at **(386) 672-1174** if you would like more information about either the Memorial Board or the Tree of Life.



Upcoming Events

**Shabbat services start at 7:00 PM each Friday
and at 10:00 AM each Saturday unless otherwise noted**

<u>RESERVE THESE DATES</u>			
Sat	Aug 3	10:00 AM	Lunch & Learn after Services' "What the Rabbis wrote about Jesus"
Thu	Aug 8, 22	9:00 AM	JPGT Breakfast-Peach Valley, Port Orange
Sat	Aug 10	10:00 AM	Rabbi's Birthday Kiddush Lunch After Services
Thu	Aug 15	10:00 AM	Sisterhood Board & Planning Meeting
Sun	Aug 18	9:00 AM	Shalom School, Open House, Temple Beth-El
Mon	Aug 19	7:00 PM	Next CBT Board Meeting
Wed	Aug 21		National Senior Citizens Day
Sun	Aug 25	9:00 AM	Shalom School, First Day, Temple Beth-El
Sun	Aug 25	12:00 PM	Lunch & Legendary Music Show at CBT

Officers and Trustees

President: Howard Silverstein
Vice President: Mark Givarz
Treasurer: Barbara Singer
Secretary: Doug McEwen
Trustees: Charlie Moskowitz, Sue Abel, Bonnie Berns, Debra Rodensky, Semareva Friedman, Harriet Fritts, Ken Haberman, Ron Horowitz, Eneida Kwetkus and MaryAnn Serkin
Religious School Chair: Helen Farb
Sisterhood: President, Barbara Kusnick
Men's Club: President, Mark Givarz
Past Co-Presidents: Adrienne Cooperman & Robin Freedman

**403 N. Nova Road
Ormond Beach, FL 32174
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cbtemail@mybnaitorah.org**

www.MyBnaiTorah.org

