Congregation B'nai Torah - Celebrating 25 Years Together

Torah Times

January 2023

8 Tevet - 9 Shevat



The Co-Presidents' Message



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We hope everyone had a Happy Hanukkah. How about we start 2023 off right by planning to attend services once (or twice) a month?

Be on the lookout for some exciting events in 2023, beginning in January. On Sunday, January 8th at 11:30 AM, the Queens College Hillel a Capella group, Tizmoret, will perform in the CBT Sanctuary. If you are interested in attending, please be sure to RSVP via email to cbtemail@mybnaitorah.com, so we can purchase the right amount of food for the lunch. February 12th is shaping up to be a BIG DAY in more ways than one. In the morning, the CBT Men's Club will host the World Wide Wrap. How curious are you about the mitzvah of wrapping tefillin? Come find out more at 10 AM as we meet to learn about this important ritual.

You want to be sure to **SAVE THIS DATE**: <u>March 25th!!</u> Our 25th Anniversary Dinner and Dance has been scheduled at Plantation Bay Clubhouse. Get those dancing shoes ready!!

We can always use volunteers here at CBT. If you are interested in experiencing the joy of helping, please call or email Laurie to let her know how you would like to help your synagogue and congregation. We need people to visit those recovering from illness, Oneg and Kiddush coordinators, and special event helpers. Thank you for participating.

We wish everyone a very Happy Health New Year.

Adrienne Cooperman and Robin Freedman, 2022-2023 Co-Presidents

Mazel Tov to Shianne Sylvester on her upcoming Bat Mitzvah

A Message From Rabbi Kane

Have you met Elon Musk? I haven't. But what a genius! He is not that young South African entrepreneur any more though. He seems to be developing into a character with a predictable story.

The story starts with a gifted human, who uses perseverance and vision to impact the world beyond his circumstance. This brings affluence and a lot of potential influence. As he gets older, he has less and less use for societal norms or for opposing views.



Where did that young entrepreneur who was obsessed with the greater good go? At some point he may have read too many positive reviews and surrounded himself with too many praisers.

Who better than Elon to define the greater good? After all, he's a genius. Perhaps he doesn't understand himself?

When modern Israel was being created, Albert Einstein, the most brilliant man and the most famous Jew on earth was asked to be president. He declined because he felt he didn't have the relevant skills.

That genius, not known for his humility, still knew that he was better at some things than other things. That genius was a wise man.

And so it goes with us.

How often shall we offer opinions when we really ought to listen? How often shall we assume that our idea is the best for everyone?

My aunt used to say that everyone is a genius about other people's problems, and we hardly ever see a way to solve our own.

Every Jewish person knows a wide variety of geniuses; a genius at math, a genius at sales, a genius at cooking, a genius at parenting, a genius at avoiding work...

Our genius is the little slice of life we can master, but our wisdom is knowing how to let other people's genius help us and how to find a way for our genius to meet the needs of someone else.

So good luck with your genius Elon. When you get tired of that, try a little wisdom. You might like the view.

Rabbi S. David Kane



Tzedakah and The Fight for Winter Survival Among Ukrainians

The Jewish Federations of North America have created an effort to support Ukrainians at home and as refugees throughout this difficult winter. With the continuous and horrific bombings, our support is crucial.

Funds go for these and other evolving needs:

- Providing food and medicine to vulnerable populations in Ukraine
- Helping people make Aliyah to Israel and providing a soft landing
- Assisting internally displaced people with shelter and food
- Housing subsidies and employment assistance for refugees in Europe
- Supporting integration of refugees in Europe
- Strengthening health services and capacity in Ukraine through emergency medical support and training
- Providing medical treatment to refugees
- Training mental health professionals in Ukraine, Europe, and Israel to meet the increasing mental health issues of traumatized populations.

Please make checks payable to Congregation B'nai Torah with the word "Ukraine" in the memo and mail to CBT, 403 N. Nova Road, Ormond Beach, FL 32174.

We will total up all of the funds and send them with the Tzedakah we have already received.

Our support, whatever the amount, can travel around the world and be the blessing the Ukrainian people need.

- P.S. Please mail your contributions ASAP, so we can send the money together and quickly.
- P.P.S. You can also access a special donation button at <u>mybnaitorah.org</u>.



TEMPLE ISRAEL

We want to wish our Congregation B'nai Torah and Temple Israel friends a HAPPY 2023, as we look forward to continuing to build our relationships with our Jewish Community.

On December 11th, Temple Israel and Temple Israel Sisterhood participated in the Federation's Hanukkah Festival at the Hard Rock Daytona Beach. Food . . . live entertainment . . . gifts to purchase . . . and a GREAT turnout resulted in a wonderful time being had by all.

Later that week, our Social Hostess With the Mostest, Netta Weiner, coordinated a High Tea for the members of both CBT and TI Sisterhoods at Sweet Tea Café in Holly Hill. Word has it that everyone had a very good time and enjoyed the unique event. More joint Sisterhood events are on the horizon, so keep your eyes peeled for announcements.

We thank Congregation B'nai Torah once again for the warm welcome.

Submitted by Vallis Miller

Temple Israel Sisterhood Co-Presidents Netta Weiner and Fran Steiner



READY TO CLAP YOUR HANDS AND STOMP YOUR FEET?

CONGREGATION B'NAI TORAH

Invites you to experience the sounds of Queens College Hillel's premier a cappella group

Tizmoret



Take a "preview peek" here:

https://www.youtube.com/watch?v=3Xf1mlFcgBY

Start 2023 off with music, good food and good company
Join us in the CBT Sanctuary on
SUNDAY, JANUARY 8TH
Doors Open at 11 AM
Lunch at 11:30 AM

RSVP by 1/6 to cbtemail@mybnaitorah.org

Congregation B'nai Torah
401-403 N. Nova Road * Ormond Beach, FL 32174
386-672-1174 * cbtemail@mybnaitorah.org * www.mybnaitorah.org

Preview Link: https://www.youtube.com/watch?v=3Xf1mlFcgBY



SUNDAY FEBRUARY 12TH 10:00 AM CBT MEN'S CLUB

in conjunction with the
Federation of Jewish Men's Clubs and
Women's League for Conservative Judaism
PRESENTS

WORLD WIDE WRAP 2023

Come learn about the mitzvah of tefillin use



If you have tefillin to loan for this event, please email Mark Givarz at cbtobmensclub@mybnaitorah.com

Religious School Report

By Helen Farb

We celebrated Hanukkah (and more) throughout December with many fun-filled events!. On Friday, December 2nd, thirty people attended Kid & Tot Shabbat. What a wonderful turnout. On Sunday, December 4th, Rabbi Kane taught us the Hanukkah songs we were to perform at Hard Rock Hanukkah and Ormond in The Pines. We watched The Story of Hanukkah on the big screen TV in the new Rotstein Media Center in the school building. On Saturday, December 10th, Valerie, Jared, Sam, and Eli Kisseloff invited us to their home for games, puzzles, dreidel spinning, dinner, and Havdalah. Thank you so much for having us Kisseloff Family! Everyone had a great time.

We were **very** busy at Hanukkah at the Hard Rock. The children participated in craft activities and enjoyed many giveaways. Navah Aaronson Barr did a fabulous job face painting! (Navah also helps in our religious school classroom). Spiderman, Elsa, Mirabel and Rabbi Rose joined the children for a sing-a-long. What a fabulous day! Our table was crowded the *ENTIRE TIME*! Thanks to all the volunteers who helped out.

On Friday, December 23rd, we gathered at Ormond in the Pines with Rabbi Kane and Rabbi Rose to sing Hanukkah songs and play Bingo; then we were off to the sanctuary for the 2022 CBT Hanukkah dinner, where we sang again. The children were invited to attend the Latkes & Chinese event at Rabbi and Val's house on Sunday, December 25th. There were many events for Hanukkah, with fun activities for families with great involvement from all!



I want to thank Laurie Davis for all her help. She really ensures Virginia and I have everything we need so things run as smoothly as possible.

Next Kid and Tot Shabbat is Friday, January 6, 2023 at 6:00 PM. *Please remember to RSVP* when you read this. Sunday School resumes January 8th at 10:00 AM with lunch and a special concert by Tizmoret after. COME JOIN THE FUN at CBT Religious School!

Miss Helen

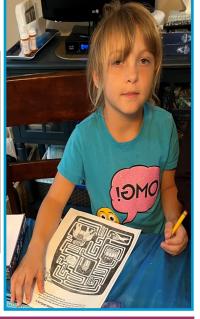
RELIGIOUS SCHOOL STUDENTS CELEBRATE HANUKKAH, SHABBAT AND HAVDALAH

















Are You Ready to Wrap?

February 12, 2023 is the Men's Club "World Wide Wrap." What is the World Wide Wrap? It's a mitzvah! We wrap tefillin every year on the morning of Super Bowl Sunday. Tefillin is shared and wrapping is encouraged and taught.

We will then daven a Sunday morning minyan and follow it up with - what else - food!!! (a light brunch). This free event is open to everyone: men, women, students -- anyone who wants to learn more about this practice. Men's Clubs from all around the globe will be joining in this mitzvah!

In preparation, we are asking everyone in the congregation to look around their homes to see if they have any tefillin packed away and consider donating or lending it to us for this event.

Everyone will be home in plenty of time to watch the big game!

COMING SOON

(be on the lookout for announcements)

Men's Club Shabbat

Yom Hashoah Yellow Candle Lighting Honoring the memory of those who perished in the Shoah

Please feel free to reach out with questions, suggestions, and comments.

Mark Givarz 314-604-5618 cbtobmensclub@gmail.com



WOW WOW WOW

Thank you to all the wonderful Sisterhood members who sent in their 2022-2023 applications and dues so promptly. We are overwhelmed at how many of you want to be part of this special group of ladies. If you are interested in joining in on the fun, fill out the application below.

We'd LOVE to have you!!

Dues for the year 2022-2023 are only \$25
Please send this form and a check made payable to CBT Sisterhood to:

Helen Farb, 22 Old Bridge Way, Ormond Beach, FL 32174

Name:					
Address:					
City:	_ State: Zip:				
Cell Phone:	Home Phone:				
Email:					
I am interested in helping the CBT Sisterhood with (check all that apply):					
Membership	Oneg and Kiddush Catering				
Programs	Other ways (Please specify):				
Fund Raising					
Activities					

403 N. Nova Rd - Ormond Beach, Florida 32174 - (386) 672-1174 - www.mybnaitorah.org

Calling All Mah Jongg Players



It is time to order new 2023 Mah Jongg cards Standard print is \$14 - Large print is \$15

(Yes, you read that correctly!)

All orders must be in by January 25th

Please order individually, so you can be on the National Mah Jongg League list and receive the annual newsletter

This year's order will result in a donation to The Jerry Doliner Food Bank

to enable continuation of its good works in Volusia and Flagler Counties

Make checks payable to <u>Lea Moskowitz</u> and mail to:

Lea Moskowitz 2300 North Atlantic Ave. #1403 Daytona Beach, FL 32118-3385

Thanks for your support!



FOOD, MUSIC AND FUN at HANUKKAH at the HARD ROCK





























Office Happenings

I got to take a vacation the last week of December and decided to go visit my family in the NY Metro area. Happy to report, NYC is still there and wonderful, despite what you might be hearing on the news. I got to meet my Great Niece, Winona, for the first time. According to people who know her, it seems she resembles me in many ways. It was a lot of fun meeting a 3-year-old version of myself.



I am looking forward to coming back to a jampacked calendar of events. On January 8th, we will enjoy the harmonious sounds of Tizmoret and a delish deli lunch. The Tu B'Shevat seder on February 5th, and the World Wide Wrap on February 12th follow. I've also heard a tidbit about the 25th Anniversary celebration on March 25th. It's going to be GREAT! Make sure you get your RSVPs in!!

I have never had time fly by as fast as it has since coming to work here and spending time with all of you. The calendar keeps circling, and what was once new and strange has now become more familiar.

My New Year's wish for all of you is that you too will have the chance to surround yourself with love and loved ones - even if it means disrupting your life to make it happen - and to have the opportunity to fill your time with activities and people that provide you with peace, comfort and most of all, happiness.

Onward and upward to 2023! See you then . . .

Laurie Davis Your CBT Administrator chtemail@mybnaitorah.org 386-672-1174

Cold Weather Cholent



With the colder temperatures January brings, we were inspired by Hadassah Aaronson's Saturday Kiddush and are presenting an easy cholent recipe to help you stay warm!

INGREDIENTS

2-3 Tbsp sugar 1 Tbsp oil 2/3 cup beans 3 cloves garlic, minced 1 small onion 3-4 Tbsp ketchup 1 cup raw rice (optional) 1/4 tsp pepper 7 to 8 medium potatoes 2 pounds meat cut into 2-inch cubes - *OR* - 1 chicken quartered, fat removed Soup bones (optional)

DIRECTIONS

In a 6-8-quart stainless steel pot, brown the sugar in the oil while stirring. As soon as the sugar turns brown, add a cup of water to prevent it from burning.

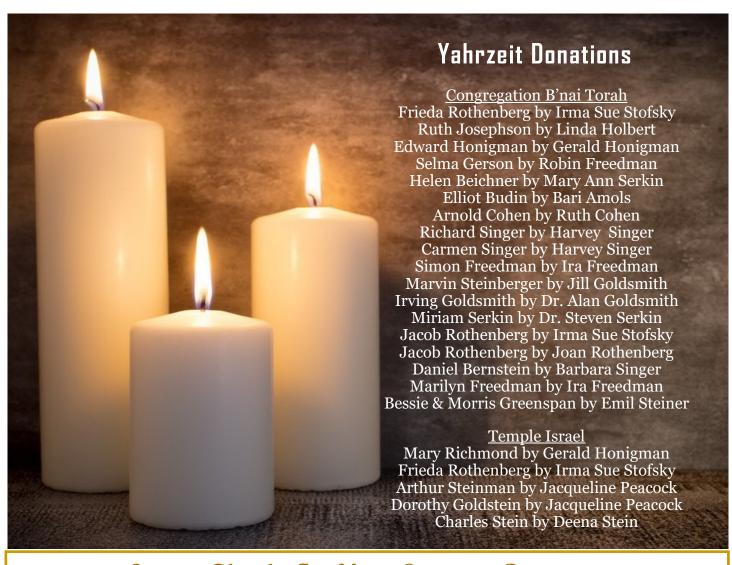
Add the beans to the pot.

In a separate pot, sauté the onion in oil. Combine onion with rice and wrap in cheesecloth or baking paper and completely immerse bag with rice in water with beans. Add meat, ketchup, seasonings and soup bones (if desired).

Place potatoes on top. Add water to cover all ingredients and bring to a boil. Lower heat and simmer for about one hour. If necessary, add a little more water. The water should not quite cover the food.

Place pot on a covered stove-top over low heat to cook overnight, OR place in a 225-degree F. oven until lunchtime the next day, OR put ingredients into a slow-cooker and cook on high for about one and a half hours, then cook overnight on low. **Do not stir while cooking.**

To serve, place meat and rice onto a large platter. Serve potatoes and beans separately in a large bowl. Alternatively, do what we've always done and just give it all a good stir and serve combined!



Sincere Thanks For Your Generous Donations

Irv & Sue Abel Ed Schwartz Emil Steiner

Mary Ann & Dr. Steven Serkin

Charles & Lea Moskowitz Steve Halpern & Rose Grace Tracy Mead & Ann Hayes

Special Thanks To

Temple Israel for providing the "extended warranty" on the refrigerator.

Hadassah Aaronson for inspiring this month's recipe with the delicious cholent she prepared for Shabbat Kiddush. When the temps dropped, we were inspired to share a classic recipe with the CBT Family.

Navah Aaronson Barr for going above and beyond as our "face painter extraordinaire," and ALL the other volunteers who did such a spectacular job at Hanukkah at the Hard Rock.

And lastly . . . to all those who sent prayers for Rabbi Kane while he underwent a recent medical procedure. They worked. He's better.

JANUARY







Congregation B'nai Torah

5 Dr. Philip Shapiro

7 Kiva McEwen

13 Ida Melnick

19 Norah Banfi

20 Harvey Singer

20 Ray Weiss

24 Kimberly Selis

Temple Israel

11 David Glasser

19 Pearl Salkin

20 Jerry Krueger

21 Gary Fox

23 Jackie Peacock

24 Simon Kaufman

29 Vallis Miller

29 Dr. Pamela Kirby



Congregation B'nai Torah

12 Chanah & Joe Zimmermann

14 Kimberly & Scott Selis

15 Esther & Ari Morse

Happy Birthday from Lea & Charles Moskowitz to Dr. Philip Shapiro, Kiva McEwen, Ida Melnick, Norah Banfi, Harvey Singer, Ray Weiss, Kimberly Selis

CBT Member News

Mark and Alyce Givarz's great nephew, Casey Alan, was born to Brandon and Jacquelyn of Spring Hill, FL on December 11th. Mazel toy!

Laurie Davis found out both of her great nephews' wives are expecting - one with twin boys - a first in the family!

Alyce Givarz's stepmother, Pat Englander of Milton, CT, passed away.

Please let the office know if you change your address, phone number or email address. It will help us keep in touch with you.

Thank you!

IMPORTANT ANNOUNCEMENT

The cost to purchase a plot at Mount Sinai Cemetery will be increasing on April 1, 2023. Please contact Alan Kisseloff for details.



Congregation B'nai Torah has an Amazon Smile account!

Support CBT <u>every time you shop</u> on Amazon. Make CBT your designated charity at AmazonSmile.com. There is no cost. You'll find the same low prices on the same selection of products and experience the same convenience as on"regular" Amazon and a portion of your purchases will be contributed to CBT.

<u>INSTRUCTIONS</u>: Before you begin shopping, go to s<u>mile.amazon.com</u> and select **Ormond Beach Conservative Jewish Association, Inc.** as your charitable organization. Bookmark the page to use the smile.amazon.com site EVERY TIME you shop.

Now go forth and purchase, knowing while you are buying, you are also helping CBT!!

Thank You!

zoom

If you need help setting up Zoom in order to connect and participate in our weekly Services and events, please call:

Charlie Moskowitz (386) 871-0427

Or Alan Kisseloff (386) 290-4188

WE NEED VISITORS!!

Experience the joy of performing a mitzvah.
Visit our homebound CBT Family members.
Call or email
Valerie Kane
(386) 871-9909
NurseVal@earthlink.net







J. Richard Rhodes, MD

Orthopaedic Surgeon UF Health Orthopaedics – Medical Center of Deltona University of Florida

386.457.6384 (O) 386.457.6385 (F) **UFHealth.org**

3400 Halifax Crossing Blvd., Suite 200 Deltona, FL 32725



MEMORIAL BOARD

The Sanctuary of Congregation B'nai Torah houses impressive memorial boards. Memorial plaques with the names of our dearly departed loved ones adorn the boards. A brass memorial plaque with the name of your departed loved one inscribed thereon can be added to the Memorial Board for a donation of \$300.

PLEASE SUPPORT OUR ADVERTISERS!

Supported in part by the Jewish Federation and the Jewish Federation Endowment Fund.





TREE OF LIFE

The Sanctuary of Congregation B'nai Torah houses an impressive Tree of Life, donated by Dr. & Mrs. Richard Rhodes.

Stylized "Leaves" or "Foundation Stones" celebrate any occasion and will be engraved with the name of the celebrated person(s) and any other appropriate information.

A leaf can be added for a donation of \$118. For extra special occasions, a limited number of "Foundation Stones" are available for a donation of \$500.

Please call the office at **(386) 672-1174** if you would like more information about either the Memorial Board or the Tree of Life.





Upcoming Events

Shabbat services start at 7:30 PM each Friday and at 10:00 AM each Saturday unless otherwise noted.

Sun Tue Fri	Jan 20	6:00 PM 10:00 AM 11:30 AM 7:00 PM 7:30 PM 10:00 AM	Kid & Tot Shabbat Religious School Tizmoret a cappella Concert & Luncheon Torah Study w/ Rabbi Shapiro (Zoom) Shianne Sylvester Bat Mitzvah Shianne Sylvester Bat Mitzvah		
BE SURE TO SAVE THESE DATES!					
Fri	Feb 3	6:00 PM	Kid & Tot Shabbat		
Sun	Feb 5	5:00 PM	Religious School Tu B'Shevat Seder		
Sun	Feb 12	10:00 AM	World Wide Wrap - Come learn about wrapping tefillin - ALL welcome		
Fri	Mar 3	6:00 PM	Shabbat Across America		
Sun	Mar 5	10:00 AM	Religious School Purim Celebration		
Mon	Mar 6	6:00 PM	Megillah Reading & Party		
Sat	Mar 25	TBA	CBT 25th Anniversary Dinner Dance		

Officers and Trustees

Co-Presidents Adrienne Cooperman and Robin Freedman

Vice President: Jared Kisseloff Treasurer: Larry Horowitz Secretary: Doug McEwen

Religious School Chair: Helen Farb

Immediate Past President: Dr. Charles Stein

Trustees: Sue Abel, Bonnie Berns, Alan S. Kisseloff, Semareva Friedman, Harriet Fritts, Ken Haberman, Ron

Horowitz, Barbara Kusnick and MaryAnn Serkin

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www.MyBnaiTorah.org

